

PROJECT



Caring in Bristol

What is Project Z?

Project Z is Caring in Bristol's floating support service for people aged 16-25, who are experiencing multiple difficulties around their housing situation. We operate in greater Bristol and can offer long or short-term support.

Our aim is to empower young people to live to their full potential.

Who do we work with?

- People aged between **16-25**
- **Insecurely housed**/experiencing difficulties maintaining their housing situation
- **Would benefit from a holistic approach** that provides support to them in a number of areas of their life
- **May require advocacy** to assist them with navigating systems and services

Who we can't work with

- Young people **who we are unable to keep safe**. This is important so that we avoid harm and distress but, we are open to reviewing this case by case
- A young person **who doesn't feel they need our service** or hasn't actively consented to the referral being made
- Young people **who have secure housing** and are managing this well
- Young people that are already receiving **the appropriate level of support**
- Young people **who lack connection** to the greater Bristol area

Our offer

We place individuals we support at the centre of the service, and we seek to ensure that young people are always involved in making decisions about their life. We focus on a person's strengths, interests, resources, and capabilities. We recognise that the individual is the expert in knowing what they need and want, and their input is paramount when identifying how their needs and wants can best be met.

We are transparent, consistent and support the person, so their needs and wishes are at the forefront of everything we do. We can offer face to face appointments or alternative ways that work best for the person i.e. via telephone or zoom. Sometimes individuals may only want to work with us for short period of time, but we can offer longer term support too.

In addition to a dedicated support practitioner, we can provide:

- Access to courses i.e. Wellbeing, DIY, independent living skills and more
- Access to fresh food via Bristol Youth Goods weekly sessions

Aims for clients:

Young people will be able to take an active role in the outcomes they hope to achieve in some of the following areas.



Independent living skills



Relationship building



Maximising income & Money management



Confidence skills



Improved or sustained Housing



Entering education and employment



Learning new skills and finding new passions

Referral & Allocation process:

01 Referring partner to check young person is aligned with service provision and outline.

02 Referrer to contact team if unsure if Project Z is the most suitable service.

03 Complete referral form with person thoroughly. Failure to complete in full could delay the process.

04 Send referral form to our secure email address 'proton', which the team process and allocate every Tuesday.

05 Team will discuss the outcome with referring partner.

06 If a decision has been made that Project Z is the right service, the case will be allocated to a Youth Practitioner who will contact all parties and book in a first meeting.

07 If it is decided that we are not the most appropriate service, we will offer an explanation and if appropriate sign post the referring partner to other services.

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Please call us on:

0117 924 4444

or email:

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